



Connections Newsletter

"keeping us all connected"

August 2011

Creating Healthy Communities

The August regular meeting was held on Thursday, August 4th with special guest Karyl Price speaking immediately after. Price is a Health Educator with the Mansfield/Ontario/Richland County Health Department and spoke about her work with the Creating Healthy Communities Grant.



are eating and where it comes from. In addition, Price also spoke about efforts to develop a Worksite Wellness

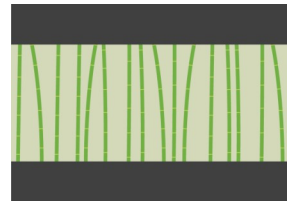
Network that is committed to creating healthy worksites and healthy families. She shared that employers that implement on-site health screenings, educational seminars, healthier food options in vending machines and cafeterias and other similar programs have witnessed a decrease in absenteeism, lower health care costs, higher productivity and lower turnover rates.

As an example, Price cited an upcoming FREE Seminar on Thursday, August 25th at 9:00 a.m. "The Business Case for Breastfeeding" will be an overview of the current law and requirements under the Fair Labor Standards Act (FLSA). In addition, sample policies for easy implementation and resources for both employers and employees will be provided. Those interested should call 419-774-4544 prior to August 22nd to register.

If anyone has any interest in additional Worksite Wellness information, or other Health Department programs and services, Karyl Price can be contacted at 419-774-4740 or kprice@richlandhealth.org.

Wellness Program Benefits

- *Decrease in absenteeism*
- *Lower Health Care Costs*
- *Higher Productivity*
- *Lower Turnover Rates*

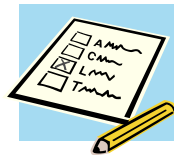


Meet the Candidates Set for October

The Ontario Growth Association is proud to provide the local community an opportunity to meet the candidates for local government offices prior to the upcoming November elections. Meet the Candidates Night has been set for Tuesday October 11th at 6 p.m. Local candidates have been invited to participate and the public is welcome to attend the event held in the community room at city hall.

The candidates will be presented with questions and issues that are relative to local government and the election. It is

a great opportunity to learn the issues, as well as the views of those running.



In addition, Pizza Hut will be providing pizza for the candidates and for those in attendance.

Don't miss an opportunity to learn more about the individuals that will be running in the election and running the local government in the coming year. Call 419-529-9765 for more information.

OGA Officers

Mark Weidemyre, President
419-564-8214
oga@ontariogrowthassociation.com

David Yaney, Vice President
419-524-0005
vicepresident@ontariogrowthassociation.com

Beth Feldmeier, Treasurer
419-525-7631
Beth_Feldmeier@keybank.com

Jodi Scott, Secretary
419-529-5312
secretary@ontariogrowthassociation.com

Golfers Needed

Teams are still needed for the upcoming OGA Golf Outing at Oak Tree Golf Club on Sunday, August 28th.

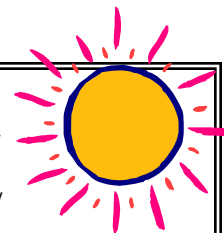
It is set to be a great day! All eighteen holes have been sponsored and great prizes have been donated by OGA members. In addition, a delicious menu has been secured with the Ontario Event Center. Don't miss a chance to socialize



and support the Ontario Growth Association at one of the organization's biggest fundraisers!

Call 419-529-9765 or 419-631-9652 for more information or to register your team today! Registration forms can also be downloaded from the website at ontariogrowthassociation.com.

Do you know anyone that needs a little sunshine? Just a reminder that Betty Connolly of Sluss Realty will send out cards to members who may need a little sunshine due to illness, loss or other issues.



Contact her via email at: maeconn@aol.com if you know of anyone with a special need.

"The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty. ~ Winston Churchill

Mark The Date:



- Saturday, August 20th **Stuff the Bus - 10 a.m. to 4 p.m.** Help Richland County Solid Waste Authority "Stuff the Bus" in Richland Mall's North Parking lot. For a list of school supplies needed visit the Richland Mall Facebook Page. Checks made payable to your choice of school district will also be accepted.
- Thursday, August 25th **The Business Case for Breastfeeding - 9:00 a.m. to 10:30 a.m.** The Mansfield/Ontario/Richland County Health Dept, in partnership with the Ohio Dept. of Health are providing this FREE workshop regarding the Patient Protection and Affordable Care Act of 2010 and the Fair Labor Standards Act.
- Thursday, August 25th **OGA Board Meeting - 12 p.m.**
- Saturday, August 27th **American Red Cross Blood Drive - 10 a.m. to 4 p.m. at Richland Mall** There is currently an Urgent Need for blood. Since the beginning of August the number of people coming to give blood has dropped dramatically and supplies are critically low. If you can't make this scheduled drive, please visit red-crossblood.org to find a donation opportunity that suits your schedule.
- Sunday, August 28th **OGA Golf Outing at Oak Tree Golf Club (see above for details)**
- Tuesday, August 30th **Ontario Concert in the Park - 7 p.m. at Marshall Park** The Ribticklers Band will be playing
- Thursday, September 1st **OGA Meeting - 8 a.m.** Refreshments provided by Spherion Staffing
- Monday, September 5th **Labor Day**
- Monday, September 12 **"Managing the Media: Crisis Communication, Media Relations and Social Media" sponsored by the Mansfield/Ontario/Richland County Health Dept - 7:30 a.m. to 3:30p.m.** This FREE seminar will be held at Kee Hall on the NCSC/OSU-Mansfield Campus. Seating is limited and reservations are a must. A boxed lunch is available for \$8.25 with a prior reservation.
- Thursday, September 15th **"Retirement is for enjoying your family, Not depending on them" - 12 Noon at Dutch Heritage Restaurant in Bellville** Presented by Edward Jones Investments. Please RSVP to Cheryl Gerhardt at 419-756-1797 by September 12,2011.